## TRANSFERRING - LIFTING - POSITIONING - REPOSITIONING

## **Background**

Students with significant mobility and positioning challenges require individualized assessment to ensure their safety in the school environment.

Significant mobility and positioning challenges may include the following:

- Ambulating with compromised gait pattern with or without mobility aids or assistance,
- Ambulating with physical assistance of one or two persons,
- Ambulating with mobility aids such as orthotics, crutches, or a walker,
- Requiring a wheelchair or other specialized seating device for positioning and mobility.

## **Procedures**

- 1. Students with mobility and positioning challenges, and who require transferring or lifting, and positioning, are to be referred to the school-based occupational therapist.
- 2. The occupational therapist will:
  - 2.1 Carry out an assessment of the student's positioning, mobility, equipment, and environments.
  - 2.2 Determine the type of transferring or lifting method and equipment that is optimum for the student.
  - 2.3 Determine the type of positioning supports that are optimum for the student.
  - 2.4 Provide orientation and training to staff who are involved with the care of the student.
  - 2.5 As applicable, provide training to the student on their role in the transferring, lifting, and positioning procedures.
  - 2.6 Determine what course of action to take in cases when equipment is required, or when existing equipment is no longer meeting the needs of the student.
  - 2.7 Carry out ongoing assessment and follow-up of the student's transferring and lifting method and positioning needs.
  - 2.8 Provide ongoing staff support.

- 2.9 Determine if consultation with GSSD TLR trainers and/or GSSD contract physiotherapist is required.
- Weight guidelines for manual lifting and determining need for mechanical lifts:
  - 3.1 A one-person manual lift is recommended to lift a student who is nonweight bearing, or who has unreliable weight bearing, and who is under 30 pounds.
  - 3.2 A two-person manual lift is recommended to lift a student who is non-weight bearing, or who has unreliable weight bearing, and who is between 30 pounds and 50 pounds.
  - 3.3 Assessment of a mechanical lift system is required when a student is 50 pounds and over, is non-weight bearing, or has unreliable weight bearing. Two persons are required for all mechanical lifts.
- 4. Staff preparedness to ensure safety for self and student being transferred or lifted.
  - 4.1 Per AP 419-2-2.2, clothing should be suitable for the subject of instruction, the work performed, and the occasion.
  - 4.2 Staff are expected to wear flexible clothing and footwear with enclosed toes and heels.
  - 4.3 Staff are expected to annually review the Good Spirit School Division Guidelines for Transferring-Lifting-Positioning -Repositioning Assessment and Implementation of Approaches.

## References:

Saskatchewan Association for Safe Workplaces in Health: Transferring, Lifting, Repositioning TLR User Manual. 4th Edition. 2016 Revision.

Good Spirit School Division – Guidelines Transferring – Lifting – Positioning – Repositioning; Assessment and Implementation of Approaches 2021 Revision

Saskatchewan Ministry of Education: Actualizing A Needs-Based Model to Support Student Achievement. Revised and Updated 2015

Updated: March 2022, May 2022