| Health Grade 2 <br> (Discovering Connections Between Self \& Wellness) Decision-Making (DM) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| OUTCOMES | 1 - Beginning The student is having difficulty demonstrating an understanding of the concept. | 2 - Approaching <br> The student is developing an understanding of the concept. | 3 - Meeting <br> The student consistently demonstrates an understanding of the concept or has achieved the concept. | 4- Exemplary <br> The student independently demonstrates an in-depth understanding of the concept, and consistently applies this knowledge to new situations. |
| DM 2.1 <br> Demonstrate how, why, and when to ask for help and/or advice when discovering healthy connections related to thoughts-feelings-actions, healthy snacking, affects of illness/disease, respect, safety and diversity. | - I can identify the concepts of advice OR help. <br> - I can recognize how, when OR why to ask for help when making healthy choices related to A FEW: <br> - Thoughts, feelings, actions <br> - Healthy Snacking <br> - Affects of Illness/Disease <br> - Respect <br> - Safety <br> - Diversity | - I can represent the concepts of advice OR help. <br> - I can show how, when OR why to ask for help when making healthy choices related to MANY: <br> - Thoughts, feelings, actions <br> - Healthy Snacking <br> - Affects of Illness/Disease <br> - Respect <br> - Safety <br> - Diversity | - I can represent the concepts of advice AND help. <br> - I can show how, when, AND why to ask for help when making healthy choices related to ALMOST ALL: <br> - Thoughts, feelings, actions <br> - Healthy Snacking <br> - Affects of Illness/Disease <br> - Respect <br> - Safety <br> - Diversity | - I can compare the concepts of advice AND help. <br> - I can propose possible consequences of not asking for help when making healthy choices related to: <br> - Thoughts, feelings, actions <br> - Healthy Snacking <br> - Affects of Illness/Disease <br> - Respect <br> - Safety <br> - Diversity |
| Comments |  |  |  |  |

